



www.hikeforthehomeless.org

St. Joseph the Worker's
14th Annual Hike for the Homeless
March 3, 2012

Estrella Mountain Regional Park, Goodyear, AZ
McDowell Mountain Regional Park, Fountain Hills, AZ

HIKE FOR THE HOMELESS FREQUENTLY ASKED QUESTIONS

I have young children. Can they participate in the Hike?

Yes! Many young children hike the trail with great enthusiasm. As long as you feel comfortable with their ability to be out on the trail with you as their guardian; then we encourage you to bring them! You may also consider the fun-hike; it is a great way for small children to participate. We invite all ages to come and learn about the issue of homelessness and enjoy a great way to support SJW.

Is there an age limit on Student registration?

We do not limit age on student registration. We encourage people to pay what they think is applicable to them. We don't ever want cost to be a barrier that keeps someone from participating in our hike. Please know the registration fee, no matter the amount, will make a positive impact on an individual changing their life for the better!

Is the registration fee for the Hike tax deductible?

Yes, your donation to the Hike is tax deductible. You will receive a donation thank you for your records.

When should I arrive?

Times vary depending on the trail you selected. Please arrive at the scheduled check-in time for the trail you chose. Please allow approximately 10 minutes to park and make it to the registration table by check-in time.

Where can I park?

Parking areas are marked and there will be volunteers to direct traffic.

I can not find my receipt to park for free, what do I do?

Let the park entry booth know you are there for the Hike for the Homeless and you will be admitted.

What should I take with me on the hike?

Bottled water will be available at the Ramada areas. Please be careful to stay hydrated and take plenty of water with you on the trails. Those doing the longer trails may choose to bring your own hydration pack to avoid having to carry multiple water bottles. A light jacket, sweatshirt, sweater or long-sleeved shirt might be necessary in moderately cool weather or to protect you from sunburn. A hat and sun block may also help protect you from the sun.

What kind of shoes should I wear?

We recommend hiking boots with some ankle support, tennis shoes appropriate for uneven terrain, loose gravel or sand, or similar footwear. Please do not wear sandals or flip-flops.

Can I take my dog with me?

Dogs are permitted into the park and to the Hike. However, please keep in mind the Hike is a family friendly event with many young children around who may either excite or frighten an animal, even a friendly one.